



School Health Advisory Council



School Health Advisory Council (SHAC)

- Group appointed by the school district to serve at the district level
- Made up of mostly parents
- Members include parents, school staff, and community members
- Meet four times a year
- Assist the CFB school district in ensuring that local community values are reflected in health education instruction
- Play an important role in strengthening the connection between health and learning
- Help parents, school staff, and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime
- Addresses 8 components of school health:
 - Physical education
 - Health education
 - Health services
 - Nutrition services
 - Healthy school environment
 - Family and Community involvement
 - Counseling, Psychological, and Social services
 - Healthy Promotions for Staff



Upcoming Meetings

Dates:

- February 5, 2018
- April 2, 2018

Time: 11:30 to 1 pm

Location:

Mary Grimes Education Center (next to Standridge Stadium)
1745 Hutton Dr, Farmers Branch, TX

Contact: Kim Ly, HealthyLifestyles@cfbpta.org



Wanted: Parents to join SHAC!! Please come to the meeting. Email with your topic ideas/concerns, questions, comments, and suggestions.